





Need help if Nexus Care Sandgate is closed?

SANDGATE

Support provided at Sandbag (Ph: 3869 3244) - 153 Rainbow St, Sandgate

- Bag a Bargain Wednesdays (11:30am) Fruit, Vege, Bread and meat for gold coin donation.
- Paddy's Van Mondays in school term (3:30pm-4:30pm) Free hot meals
- Sandbag Community Cafe 2nd and 4th Wednesday (12pm) Hot two course meal for gold coin donation.
- Unplugged Cafe 1st Friday of the month (7pm-10pm). Meals for purchase at low cost.
- Manna from Heaven 2nd and 4th Friday (5:30pm) Free hot meal

REDCLIFFE

Support provided at The Breakfast Club Redcliffe (Ph: 0467 811 380) - Pensioner's Hall, Cnr Oxley Ave and Portwood St, Redcliffe

- Breakfast Monday, Wednesday, Friday (7-8am)
- Dinner Tuesday, Thursday (4:30-5:30pm)
- Emergency Food Parcels Tuesday, Thursday (9am-1:30pm)

OTHER LOCAL SERVICES

- Nexus Care Everton Park (Food and Financial) 151 Flockton St Everton Park Mondays, Tuesdays & Thursdays (10am - 4pm) Ph: 3353 7230
- Aspley Care (Food and Financial) 479 Robinson Rd West, Aspley Monday to Friday (10am 1:30pm) Ph: 3862 7145
- All Saints Chermside (Food) 501 Hamilton Rd, Chermside Tuesday to Friday (10am 1pm) Ph: 3359 2012
- Ask Izzy Ask Izzy is an up-to-date database where you can search for local relief options. Check out askizzy.org.au

PLEASE NOTE: Nexus Care Sandgate is open Thursdays between 11am-2pm for fresh food parcels. Emergency financial relief is by appointment only.



www.nexuscare.com.au Ph: 3353 7230