

HELPING PEOPLE FIND *Their* FRESH START

PROSPECTUS



“

**NEXUS CARE GAVE MY FAMILY
ENORMOUS SUPPORT IN A TOUGH
TIME. WE ARE GETTING BACK ON OUR
FEET NOW AND ARE SO GRATEFUL.**

”

**NEXUS CARE EXISTS TO
SUPPORT KIDS, FAMILIES &
INDIVIDUALS EXPERIENCING
POVERTY AND HARDSHIP IN
NORTH-BRISBANE.**

THE NEED IS RIGHT ON OUR DOORSTEP

2.5_M
**AUSSIES LIVE
IN POVERTY**

>

17.7 %
**OF THEM
ARE CHILDREN**



The Australian Census[^] highlighted a gap in notable North-Brisbane suburbs such as Chermside, Keperra and Stafford. These large suburbs, home to over 22,683 people[^], are noted to have households with increased food insecurity and levels of poverty, yet there is a distinct lack of support services on hand.

- 1 in 4 people report being lonely, particularly those who are single parents living alone.
- 710,00 Australians seek food relief each month. 1/3 are kids.
- Nexus Care has provided food relief to over 10,500 people since opening in 2011.

**WE'RE COMMITTED
TO BEING A PART OF
THE SOLUTION.**

[^]Statistics are recorded from the 2016 Australian Census

KEY PROGRAMS THAT MAKE A REAL DIFFERENCE

FRESH START FOOD PROGRAM

This program offers both food support and education to families experiencing food insecurity. These services include nutritious Food Parcels, Cooking Lessons and a printed guide on everyday recipes, food hygiene and tips for shopping on a budget.

THE STATS



More than 1,300 households receive food parcels from Nexus Care each year and growing



Over 750 brand new households seek support each year and growing



97% of participants said Fresh Start had reduced their financial stress.



3,156 food parcels (the equivalent of over 190,000 nutritious meals) provided in 2018

SCHOOL BREKKY PROGRAM

Brekky Clubs by Nexus Care sees a whole school community benefit from the program. Teachers and Principals alike notice students learning better on a full stomach and have commented on the positive sense of community created at their school.

Brekky Clubs are now offered across 5 local North-Brisbane schools every week.

THE STATS



450+ local school kids are given healthy breakfast each week.



Over 19,000 nutritious breakfast meals provided each year.



"Students that would not otherwise have any breakfast are able to eat. Kids are more alert to learn and it encourages a sense of community at our school" Teacher Feedback

COMMUNITY CONNECTIONS

Since Nexus care opened in 2011, we have seen a strong link between those experiencing hardship and deep loneliness. It is reported that 1 in 3 Australians are lonely, particularly those who are single parents, living alone or on low incomes. We recognise the pivotal role that connection and belonging can offer in alleviating the burden of poverty and distress for every person.

Nexus Care is committed to being part of the solution and therefore developing initiatives called Community Connections, where we seek to creatively and proactively foster a sense of belonging within our community.

THE LATEST



Current initiatives include community dance classes, hosting morning teas and in-school programs such as kids cooking classes.



"These Community Dance classes have been incredible. I have seen kids who've not had any courage become confident, creative and realise that they have a voice." Nikkita, Dance Teacher



Opportunities are increasing to partner with organisations and groups across Brisbane as we establish relationships through this program.



2019-2020 GOALS

No.1 — Provide the equivalent of over 200,000 meals to those in our community struggling to afford food every year.

No.2 — Weekly Brekky Clubs are active in local schools serving nutritious breakfast options to 450+ school kids.

No.3 — Community Connection initiatives address loneliness and cultivate a sense-of-belonging.

No.4 — Our volunteer program empowers volunteers to outwork our high quality programs while keeping staffing costs low.

No.5 — All our initiatives are people-focused and evidence based in order to genuinely help people in our local Brisbane community.

WAYS TO DONATE

All our programs and services are directly funded through donations. Your support allows us to continue our delivering our high-quality programs and meet the increasing need of our local and wider community across Brisbane.

A LITTLE BIT GOES A LONG WAY

\$25	One food parcel, the equivalent of 60 meals
\$200	Five people accessing Cooking Lessons
\$1.5k	15 students participating in a Community Dance Class for a year
\$4.5k	Brekky Program for a whole year

100% of your donation goes to the public benevolent institution Nexus Care Inc (a Deductible Gift Recipient with the ABN 68 621 211 486).

YOU CAN MAKE A TAX DEDUCTIBLE DONATION IN A NUMBER OF WAYS:

Donate securely through our website, nexuscare.com.au

Direct Debit to:
NEXUS CARE
BSB: 084 004
ACC: 138 946 552

In person during opening hours at: 151 Flockton Street
Everton Park





**NEXUS CARE IS A BRISBANE CHARITY HELPING
TO ALLEVIATE POVERTY IN KIDS, FAMILIES AND
INDIVIDUALS THROUGH PEOPLE-FOCUSSED
AND EVIDENCE-BASED SERVICES.**

STAY IN TOUCH

info@nexuscare.com.au

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nexuscare.com.au

